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Fall 2017

Cumberland County Community Food Resources

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University of Southern Maine

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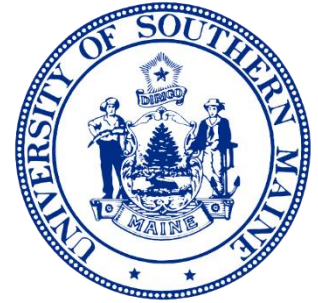
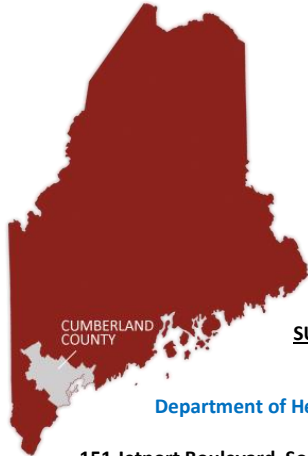


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SUPPLEMENTAL NUTRITION

Department of Health and Human Services (DHHS)

151 Jetport Boulevard, South Portland 04102
Mon-Fri: 8AM-5PM
207-822-2000
1-800-482-7520

WIC PROGRAM

PROP-WIC Program
190 Lancaster Street, 3rd Floor, Portland 04101
207-553-5800

FOOD PANTRIES (non-associated with Good Shepherd Food bank)

Sagamore Food Pantry

21 Popham Street, Portland 04102
Tuesday: 9:30-11AM
207-347-6125

Scarborough Food Pantry

161 Black Point Road, Scarborough 04074
Tues & Th: 9:30-12PM, Wed: 4:00PM-6:00PM
207-883-2342

UCC Church

301 Cottage Road
South Portland 04106
T: 10-12PM, Th: 1:30-3:30PM

207-799-3361

Need proof of residence (CapE & SP)

First Baptist Church

360 Canco Road, Portland 04103
Wednesday: 1-2PM
207-773-3123

Front Street Community Pantry

34 West Presumpscot, Portland 04103
Fri: 11:00-11:45 AM, Sun: 10:00-10:45AM
207-450-3579

FARM STANDS/FARMERS MARKET

Acker's Acres Angoras

359 Gloucester Hill Rd, New Gloucester
04260
Sun: 1-6PM
207-926-4921

www.bunnyblend.com

Benson Farm Earth Products

64 Plummer Road, Gorham 04038
April-July: Mon-Sat (8AM-5PM)

Cooper's Maple Products

81 Chute Road, Windham 04062
May-June (9:30-6PM, daily)

Crabtree's Blueberries

703 Bridgton Road, Sebago 04029
Tues, Th & Sat: 8-2PM, Sun: 11-3PM
207-787-2730

Dun-Roamin Farm

1068 Sawyer Road, Cape Elizabeth 04107
Sat & Sun: 10AM-3PM
207-799-5910

Hansel's Orchard

44 Sweetser Rd, North Yarmouth 04097
Wed, Sat, & Sun: 10-5PM (Sept-Oct)
207-829-3129

High View Farm

48 Leander Harmon Rd, Harrison 04040

207-595-1601

www.high-view-farm.com

Meadowood Farm (CSA)

45 Beckwith Street, Yarmouth 04096

Tues & Fri: 3:30PM-6:00PM

207-846-4294

Two Coves Farm (CSA)

90 Neils Pt Rd, Harpswell 04079

Tues-Sat: 10AM-5PM

207-400-7999

Wolfe's Neck Farm Foundation (CSA)

184 Burnett Rd, Freeport 04032

Sat & Sun 9:00-9:45 AM

207-865-4469

Brunswick Topsham Farmer's

56 Maine Street, Brunswick 04011

Daily: 9-3PM

207-729-7694

EBT & Harvest Bucks accepted

Portland Farmer's Market

Deering Oaks Park & Monument Sq.

Wed & Sat 7-1PM (summer),

9-1 Pm (winter)

www.portlandmainefarmersmarket.org



MOBILE MARKETS

Westbrook Pointe Apartments: 26 Prospect Street #41, Westbrook 04092

St Anthony's Church: 268 Brown Street, Westbrook 04092

Portland Food Co-op: 29 Congress St, Portland 04101, Mon: 1-5PM

Whole Foods Market: 2 Sommerset, Portland 04101, Tues: 1-5PM

The Park at Danforth: 777 Stevens Ave, Portland 04101, Wed: 1-5PM

Brick Hill: 586 Westbrook Ave, South Portland 04102, Th: 1-5PM

Opportunity Alliance: 190 Lancaster, Portland 04092, Fri: 1-5PM

COMMUNITY GARDENS

USM Community garden: 25 Bedford Street, Portland 04101, M-F: 8:00AM- 4:30PM, 207-780-5947

***Clark Street Community garden:** 32 Salem Street, Portland 04102, 207-761-4769, Contact: Laura Mailander



***North Street Community garden:** Eastern promenade, Portland, 04102, 207-761-7469, Contact: Laura Mailander

***Payson Park garden:** 842 Baxter Boulevard, Portland, 04103, 207-761-7469, Contact: Laura Mailander

***Libbytown community garden:** 175-193 Douglas Street, Portland, 04102, 207-761-7469, Contact: Laura Mailander

***:** These community gardens are under joint responsibility of Cultivating community and the City of Portland

EDUCATIONAL/ AUXILIARY PROGRAMS

Portland Adult Education: 14 locust St, Portland, 04101, Mon-Th: 8:00AM-4PM, 207-874-815

Westbrook Adult Education: 125 Stroudwater, Westbrook, 04092, M-F: 8:00 AM-5PM, 207-854-0826

Windham/Raymond Adult Education: 406 Gray Rd, Windham, 04062, M-Th: 8:30AM-8:30PM, F:8-3:30PM, 207-892-1819

Gorham Adult Education: 106 Weeks Road, Gorham, 04038, M-Th: 8:30AM-7:30PM, F:8-3:30PM, 207-222-1095

Agricultural education (Cultivating Community/NASAP project): 62 Elm Street, Portland, 04101, 207-761-GROW, Sarah Marshall (sarah@cultivatingcommunity.org)

Meals on Wheels:

136 US Route 1, Scarborough 04074, 207-396-6500

310 Broadway, South Portland 04106, 207-767-2255

426 Bridge Street, Westbrook, 04092, 207-878-3285

COMMUNITY CENTERS

Health

Greater Portland Health Center

207-874-2141

180 Park Avenue

Portland 04102

M, W, & Th: 8AM-7PM

Tues & F: 8AM- 5PM

Sat: 8AM-12PM

63 Preble Street

Portland 04101

M-F: 7:45AM-3PM

100 Brick Hill

South Portland 04106

M-F: 8AM-5PM

Poland Community Health Center

364 Maine Street, Poland, 04274

Mon: 9AM-7PM, Tues-F: 9AM-4PM

207-998-2100

Women's

Maine Medical Partners Women

887 Congress St Ste 200, Portland 04101

M-F: 9:00AM- 5:00PM

207-771-5549

Women's Imaging Center

195 Fore River Parkway, Portland 04102

M-F: 9:00AM-5:00PM

207-553-6617

Abba Women's Resource Center

1250 Forest Avenue, Portland 04103

M-Th: 10:00 AM-4:00PM

207-253-5555

Women's Wellness Center

53 Ocean Ave, Portland 04103

M-Th: 8:00 AM-5PM, F: 8:00AM-1:00PM

Planned Parenthood

443 Congress Street 2nd Floor, Portland 04101

M-Th: 8:30 AM-7:00PM, F: 8:30AM-5:00PM, S: 8-2PM

Veterans

Portland Vet Center

475 Stevens Ave, Portland 04103

M-F: 8:00AM-4:30PM

207-780-3584

Windham Vet Center

35 Veterans Memorial Dr,

Windham 04062

207-892-1159

Elderly

Salvation Army Senior Center

297 Cumberland Avenue, Portland 04102

M-Sat: 9:00 AM-8:00PM

207-774-4172

Community Partners Senior Center

56 North Street # 100, Portland 04102

M-F: 8:00 AM-4:00PM

207-761-4538

Immigrant & Refugees

ILAP (Immigrant legal advocacy Project)

309 Cumberland Ave, Ste 201 Portland 04102

M-F: 9:00AM-5:00PM

207-780-1593

Catholic Charities Refugee and Immigration Services

80 Sherman Street, Portland 04101

M-F: 8:30AM-5:00PM

207-871-7437

Youth

Teen Center/Preble St.

343 Cumberland Ave,

Portland 04101

M-S: 8:00AM-5PM

207-775-0026

Boys and Girls Club

277 Cumberland Ave,

Portland 04102

207-874-1069

YMCA

70 Forest Avenue, Portland
04101

M-F: 8:00-9PM, Sat & S:8-6PM

